

2017 Alberta Open Long Track Outdoor Meet
Golden Circle Speed Skating Oval, Red Deer, Alberta
4620 – 47A Ave

Date: Saturday, Jan 28th and Sunday Jan 29th, 2017

Accommodation: Red Deer Lodge 403 346 8841 within walking distance
Super 8 – 403-358-7722 within walking distance
Western Budget – Gasoline alley SW 403-358-5755
Western Budget – Gasoline alley SE 403-347-2177
Econolodge – Gasoline Alley S 403-346-4188
Holiday Inn Express – 403-343-2112

Entry Fee: \$60.00 for all skaters – One cheque per club payable to RDCLSSC

Entry Deadline: Friday, January 20th, 2017 at Midnight – Deadline for entries
E-mail summary sheets to Shawna at spearman@telusplanet.net
Note: Summary sheets must be in the format provided

Format: Mixed age class and gender - Ability
All distances will be **MASS START** and each skater will race 4 distances

5km open race for all participants on Saturday after the races.

Seed Times: Short Track times and will only need to provide times if they have not raced this year. We will use the AASSA database.

Registration: 7:30 am – 8:00 am at the Golden Circle Oval

Coaches Meeting: 8:30 am Saturday, January 28th, 2017
Golden Circle Oval

Warm – Ups: 8:00 – 8:30 hrs (Warm Up Track Only)

Races Start: 9:00 am or earlier if numbers warrant – Final schedule will be sent to all coaches

Safety Equipment SSC Rules D3-100 (Mass Start) will be enforced

On-Site Food Food will be provided for all volunteers. A canteen in the Golden Circle will be open for all skaters and parents.

Questions? Call Shawna Pearman at (403) 783 – 4206 or email:
spearman@telusplanet.net

We are always in need of volunteers so if you are interested please contact Shawna Pearman at spearman@telusplanet.net.

Alberta Open Outdoor Long Track

January 28th & 29th, 2017
Golden Circle Seniors Centre

Skater Name (last, first)	Male	Female
Mailing Address	Date of Birth (DD – MM – YY)	
Club	Age as of June 30, 2016	
	SSC #	
Emergency Contact	Telephone	
Any special/current medical conditions we should be aware of?		

Entry fee: \$60

In consideration of your accepting this entry, I hereby, for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against Speed Skating Canada and the Alberta Amateur Speed Skating Association and its member clubs, their agents, officers or members, and the Red Deer Central Lions Speed Skating Club, for any injuries suffered by me at said contest to be held January 28th & 29th, 2017, at the Golden Circle Centre in Red Deer, Alberta. In signing this release I acknowledge the potential for injury. In witness hereof, I set my hand and seal this _____ day of _____, 2017.

This information is collected under the authority of the Freedom of Information and Protection of Privacy Act. It is required to register you in the competition. Financial information will be used to process payment. Organization of competitions/events requires that names will appear on posted race lists and results print outs. Names/ Images of participants may be published on boards, websites, media, newsletters and promotional material. If you have questions about the collection of or use of this information, contact the Competition/Event Organizer, - email: spearman@telusplanet.net.

Skater's Signature _____

Parent/Guardian if skater is under 18 years of age _____